

## Sports centre and gym users

In case of an emergency, you'll be alerted by an **emergency message over the PA system.**

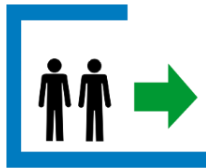


**Follow the instructions given by sports staff.**



### In case of evacuation

**1** Leave the premises.



Don't delay the evacuation by collecting your personal belongings from changing rooms or getting changed.

**2** Proceed to the nearest stairway and exit.



Follow evacuation route signs.

**3** Proceed to the Assembly Point.



**Do NOT return to the building** until management or emergency services personnel tell you that you may.

### In case of fire

**Notify staff if you smell something burning or discover a fire.**

**1** Activate the fire alarm.



**2** Notify sports centre or gym staff and/or go to the caretaker's office for the building.

**3** Proceed as in the case of an evacuation.

## In case of a lockdown

If you hear a lockdown message over the PA system or UPC staff tell you a lockdown is in effect:

**1 Don't leave the building.**

If you're outside, quickly enter any building.



**2 Wait inside the building** until the emergency coordinator or emergency services personnel tell you that you may leave.

